

Weekly family meeting agenda

Twenty minutes, same time every week. A child can chair it. No grades, no punishments, and anyone may pass. Print one sheet per week and keep the old ones — the stack is the proof that things moved.

DATE _____ CHAIR THIS WEEK _____ SNACK _____

TIME	BLOCK	WHAT HAPPENS	WHO LEADS
0–3 min	Appreciations	Each person thanks someone for something specific	Youngest
3–8 min	Wins since last week	What moved, however small. Look at the charts	Chair
8–13 min	One obstacle	Pick ONE thing that is stuck. No blame, no grades	Everyone
13–18 min	Next action each	One small action per person, written as if-then	Chair
18–20 min	Something fun	Plan a treat, a game, or the weekend	Rotates

NEXT ACTION PER PERSON (IF X HAPPENS, THEN I WILL Y)

NAME	IF ... THEN ...	CHECK NEXT WEEK

ONE OBSTACLE WE PICKED

FUN THING WE PLANNED